



The Equine Touch

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Hi everyone,

It has been a busy couple of months with courses offered in three states in OZ and the NZ ET team flying the flag at Equidays in Hamilton, NZ.

Here is the final issue of the ANZET News for 2012 so I take this opportunity to wish each and every reader Season's Greetings. Best Wishes for a safe and happy holiday season!

Keep up with courses planned for the New Year via Facebook and the websites (see last page).

Take care of yourselves and your horses and ...

Keep in touch.

Janis, Ed

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ANZET NEWS

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Equine Touch at Equidays, Hamilton, Nth Island, NZ



Equine Touch was showcased at New Zealand Equidays (near Hamilton, Nth Island) early November by Ivana Ruddock and NZ instructors Karen Burrows and Janice Clyma, both from the South Island, assisted by two ET students, Jacqui and Christina.



We had some fun at Tooradin Estate Level 1 course, incorporating a refresher day on Sunday 16 December; Our equine assistants Leo, Chief and Olivia pictured here helping us get in the festive mood.

Wherever & however you spend the holiday period, have fun, enjoy and take care!
Here's wishing everyone a wonderful break with best wishes for a happy, healthy & prosperous 2013!

Back to WA — More ET at Wadi Farm (Nannup, WA)

Level 1 & 2 November 2-5, 2012 Instructor: Janis Hobbs

Spirits were not dampened in the sometimes wet conditions when fickle, changeable spring weather at Wadi Farm, near Nannup, Western Australia kept us guessing from moment to moment - we were up to the challenge! Everyone handled the conditions very well including the horses, At least I had a voice this time!

One adaption of the program due to the rain was to have the Level 2s revise & rehearse their AoC procedures indoors with the aid of Toby, the horse sketched on the white-board, To their credit they took this exercise very seriously giving each other handy hints and plenty of feedback as they took turns revising all the procedures.

When they were doing their final practice with the horses it appeared all this simulation Equine Touch practice had really helped them commit the work to memory by the way they performed with minimal resort to the “reference cards” or manuals. Good job!

While there we also had the joy of observing the expanding Wadi Farm herd, with two new foals providing a highlight and plenty of entertainment!

ET Australia –wide

As I travel the country to deliver ET courses as far & wide as possible I am enjoying the Level 1 & 2 combination classes, but more to the point, the students seem to do as well. Level ones begin a day before Level twos arrive to get their initial introduction to “The Move” practicing on each other and then their first exposure to the Basic Body Balance with the horses. On Day 2 of Level 1 they are joined by the Level 2 students.

Level twos experience Day 2 of Level 1 as their revision before beginning to take on board their new work, the eagerly anticipated swag of L2 Areas of Concern procedures and the Advanced Body Balance, over their next two days.

As the students chat about their experiences Level 1 students come to understand that despite experiencing some of the same sense of being “all at sea” at first, the Level 2 students have stuck with it and come back for another dose! And the Level 2s reflect on their beginnings and appreciate how far they have advanced from their first endeavours with Equine Touch.

Sometimes, as with the Nannup course, a student chooses to come and do a review, perhaps just one day or, as in this instance, all three days, where Megan repeated the whole course (at reduced fee for repeat) in order to consolidate and expand on skills still “under construction”.

Thank you to our hosts, Katherine & Kevin, and to Deb Ryan, ET Practitioner, and Elizabeth Dennis (L2) for helping out with horses.



Level 1 students get busy
Left: Meg with Elizabeth & Sophie.
Below: Melia with Darrah



Skye meets Janis



Level 2 students—forging ahead making the most of the breaks in the rain.



Above: Deb Ryan holds Strawboots for Sandra.
Left: Kerri with Chipilly



Right: Megan with Carranya.
Below: Kevin with Carranya.
Below right: Kevin holds Nelson while Megan carries on ETing despite the downpour!



Seymour Snaps

Saturday Nov 10 three Level 1 students commenced their Equine Touch studies at Bec's beautifully appointed venue just outside Seymour, VIC with an almost 360 degree vista to enjoy when students lifted their gaze from concentrating on executing the new moves on the horses. On Sunday they were joined by Samantha McCormack, sole Level 2 student, keen to augment her Level 1 knowledge & skills by taking on the challenge of Level 2. Thank you to our host, Bec Pejkoivic and our equine "tutors". Thanks also to Samantha Barnard and partner John who came along to act as horse handlers on Sunday too.

L to R: Level 1 students Danielle Hickford, Kristy Smith & Bec Pejkoivic, Level 2 Samantha McCormack, Level 3 Samantha Barnard and Janis Hobbs, Instructor



Concentration—Bec addresses the withers on Tassy



Danielle & Samantha allow Charlie time to process.



Kristy with Gypsy



Good roll-up: First ET course in Tasmania for several years



L to R: Janelle Baldini, Louisa Abaret, Janis Hobbs (Ins), Denise McMaster (L2), Tara Nicklason, Judy Midgley, Amber Cusik and Sharon Norie



Pictured above is Denise beginning the L2 neck procedures on Speedy. After travelling to Tooradin, VIC to attend Level 1 ET last year Denise agreed to host the Level 1 & 2 course in November at Campania. Thanks to Denise & family!

Janelle holds Archie as Judy begins with the Buttshots. Judy came along for a Level 1 Review day, an easy commute compared to her trip to Bendigo, VIC back in April for Level 1.



The students worked well together supporting each other's learning and making reference to the manual in preparation for performing ET at home. By Day 3 they found that they had absorbed more than expected and some found they could get through the balance (BBB) with little use of the reference cards or manuals.

Well done, everyone! See you at Level 2 in May!



Your Say:

Monty's 'million dollar knee' & other stories

By Elizabeth Denniss, Level 2 ET

This story was contributed after International ET Day in July, 2012.

Thirteen weeks ago my eighteen month old whippet puppy, Montague, snapped a cruciate ligament which required surgery to implant a prosthesis. Such an injury has a twenty week to full recovery timeframe, including six weeks full confinement post surgery. Keeping a puppy restrained despite such an injury is a task of Herculean proportions and unfortunately the first procedure failed and nine weeks post injury the little guy was having it repeated, with the twenty recovery period starting all over again!

Due to Montague's "high care" needs, my equine family has not had as much of my attention as usual. International ET Day (back in July) came and went without my laying a hand on a horse, much to my dismay.

In addition to three whippets my "family" comprises three wonderful, wild born horses. Unfortunately my circumstances do not allow them to reside with me so they are agisted with friends.

Two of my mares, Lilly and Sophie, who are half sisters, were rescued at approximately four months of age, orphaned and facing starvation and dehydration on a drought stricken station. They are both now stunning, six year old horses, dual registered with the Waler Horse Society of Australia Inc. and the Percheron Horse Breeders Association Inc.

Lilly was bred to a handsome, pure Percheron stallion named Kamilaroi Bombardier and was expecting her first foal in October 2012. She is a confident, sweet natured horse who truly believes all humans exist to admire and adore her! She and Sophie both "endured" three days of attention when Janis Hobbs conducted a Level 1 ET course in Western Australia earlier in the year (April. the first course in several years). They have since been labelled the "ET Junkies"!

Three days after International ET Day I finally managed to leave Monty "in care" and escape to the farm. It had been twelve days since my last visit. I had been aiming to support Lilly through her pregnancy by offering monthly ET. I truly believe ET helps during pregnancy and with birthing and have supported six different mares in this way.

I also supported Monty's mother, Topaz, through her pregnancy and birth by using BBB. Whippets do not exactly have what I would call "child bearing hips" but Topaz slid out her ten puppies (Montague being lucky last!) in a three hour time frame without a single complication, two hours after her last body work session!

I was conscious that while Lilly would, in all probability, throw a foal in relation to her size, her mate was a big stallion. Anything I could do to support her with an easy maiden birth, including regular ET, was important to me.

Lilly obviously knew that I had missed Jock's birthday! The day I escaped to the farm she ambled her portly frame over to me, and after lots of muzzle kisses and whickering proceeded to position herself in relation to me so as to ensure I addressed all of her "areas of concern" (as identified by her!). This included sacrum, hamstrings and hindquarters, before she turned around to get me focused on her fore-quarter and neck areas! I did not move my feet once during the entire session! It was a beautiful interlude on a cold, bright winter afternoon and a gorgeous reminder about why I love ET so much!

"Stay tuned" for the UPDATE of this story in the next issue of the ANZET News, January-February, 2013.



Your Say:

Are you on Facebook?

Students are encouraged to join the official page, **The Equine Touch**, set up by Ivana Ruddock and the Equine Touch Australia group to share their Equine Touch stories ... as well as sending them in to this newsletter, the ANZET News, of course! :)

Janelle Baldini, Level 1 writes:-
Equine Touch Level 1 at Campania, TAS 23-25 November, was so much fun! I enjoyed the chance to learn this wonderful concept and now have a precious tool at my fingertips to be able to love on my horses! The Equine Touch is truly remarkable, amazing and inspiring. I encourage anyone who can get to a course to do it ... you will never look back!



**A quick note from Meg Ford, Level 3
 26 Oct 2012**
Just thought I would send you this.. I was at a Parelli clinic in Geelong and used the opportunity to practise ET. I was asked to do two horses and one lady saw significant results, the other was on the last day so I didn't hear any feed-back, but I recognized that the horse was teething, so that was pretty significant.



NZ News

"Flying" at Hamner Springs

Level 2 December 1-3, 2012 *Ins: Janice Clyma*

Tracey Ferguson on the right, came all the way from Auckland (Nth Island) and Anna Young is from Christchurch.



Two more successful Level 2 students on their way to Level 3. We had great weather, great horses and both students were too good, flying through their moves and doing a great job to finish doing two new horses each and deciding what Areas of Concern procedures to use after ABB.

Instructor : Janice Clyma,

