



**The Equine Touch**

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Hi Everyone,

Autumn—a beautiful time of year when we can still enjoy some sunny days but sometimes nature flings a chilly surprise our way such as at Hamner Springs (see story at right).

Heading for winter we can still maintain & progress our ET studies. One way is to get together for ET practice days, a great way to sustain momentum and support each others' progress; not to mention connect with our horses and support their wellbeing.

Perhaps International Equine Touch Day, celebrated on Jock Ruddock's birthday (25th July) each year, will be a good day to aim for for you and your ET study buddies?

Of course, you can still commemorate the day and reflect on your ET journey so far by spending some special time with your own horse or horses. Enjoy.

Keep in touch, *Janis, Ed*

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# ANZET NEWS

The Equine Touch™— Australia and New Zealand Newsletter

Volume 6 Issue 3

April—June, 2015

## Successful, sunny Level 1 ET just dodges the hail!

Level 1 ET 11-13 April, 2015 Hamner Springs *Ins: Janice Clyma*

Left to right, Josie, Melanie, Sara and Azzie (Mac in the background) all successfully completed Level 1 with honours.

Sara is a vet nurse from Blenheim, Josie and Equine studies student from Germany on her internship, Azzie is from Japan, a human massage therapist who is passionate about working with animals, and Melanie is an ex Australian, horse owner, and energy healing practitioner from Canterbury.

We had a fun few days, after months of drought, it all broke for our class, however the weather gods smiled on us. Only a small part of Day 2 we had to work indoors on horses, the rest of the time for our horse work it was sunny with fresh snow on the tops.

Then ten minutes after we finished our full solo body balances on Day 3, the black clouds rolled in and a major hailstorm hit! We just had enough time to put rugs on and get into shelter. Great fun. Great students and all keen to move on to Level 2.

Wonderful day for Equine Touch.

*Janice Clyma, ET Instructor*



### International Equine Touch Day 25th July

**NZ Equine Touch students invited to join Janice Clyma (Ins) at Woodend, Christchurch donating ET sessions to standardbred racehorse rehabilitation scheme.**

**Email: [janice.clyma@xtra.co.nz](mailto:janice.clyma@xtra.co.nz) for details of how to join**

## Course Report

## Revisiting Level 1 - the journey begins again

Level 1 ET 10-12 April Bannockburn, VIC Ins: Janis Hobbs

My name is Pauline & I am a lapsed ET student. Just recently, in April, I had the pleasure of attending a Level 1 Equine Touch workshop at Bannockburn. The venue, Heartwood Horses, was excellent and the host, Kim, and her lovely herd of horses were extremely accommodating.

I had started ET many years ago and was motivated to continue to Level 3, where I was fortunate enough to participate in an inspiring clinic with Jock and Ivana. Since then life got in the way, and although ET wasn't forgotten, it certainly didn't get my full attention.

When the opportunity of a Level 1 clinic was offered close to home, with Janis Hobbs as the instructor, it was a calling to good to refuse.

I felt I pretty much started out as a new student all over again and it's always nice to meet other new students and like minded people. Bits and pieces came back to me, but I relished starting from scratch and getting the foundation of ET down correctly. My mind/memory had certainly let me down. :) I thank Janis for her patience.

We also had the pleasure of meeting up with Vanessa Wilhem again, an ET practitioner with whom I had started Level 1 with many years ago. Vanessa dropped by when I mentioned what I was up to - we had kept in touch all this time. That's also the beauty of learning ET- the opportunity to make life long friends that have the same interests and compassion for horses. After all, it's all about the horse.

The general consensus of the 3 day course was that we all had a wonderful, instructive time and are all looking forward to continuing Level 2 at Bannockburn.

Pauline Naudi  
Bannockburn

### SPOT QUIZ....

Can you identify the moves/procedure in these photos? **Answers** Page 3

### Flying visit to WA includes ET Practice Day

Mid-April saw me winging my way back to WA to attend Equine Facilitated Learning courses—very interesting, more about that at another time.

While there we held an ET practice day at Lower Chittering, just north of Perth where we will hold an Equine Touch course later in the year (Level 1—October 2-4).

It was great to catch up with ET students Michelle Brannan (our host) and Judith Congrene and also to meet ET practitioner, Jacqui Addison for the first time. The horses were very obliging subjects and the time whizzed by with so much more left to do and talk about. Goals achieved were refreshing the move and the sequences, reviewing ET principles and getting clear, more precise, building accuracy.

Looking forward to more fun and learning at Lower Chittering in October. Please lodge your applications/bookings early so we can ensure the course goes ahead.

Janis Hobbs, ET Instructor



Pauline with Zeke Photo 1



Photo 2



Photo 3

Rory 1 – Sorer off-side hair pattern



**Last issue I invited you to write in on such topics as “What is the best or most surprising result you have experienced with applying what you have learned with your own (or others) horses?”**

**Here is a response from Jill Rasmussen, ET Practitioner, NZ**

**Has anyone else had this happen?**

A regular client called me to take a look at her 20 year old warm-blood, ‘Rory’, after he had inexplicably “dropped” his hip very dramatically during a road ride. He recovered quickly but the client was concerned he was sore.

Rory 2 – Near side hair pattern



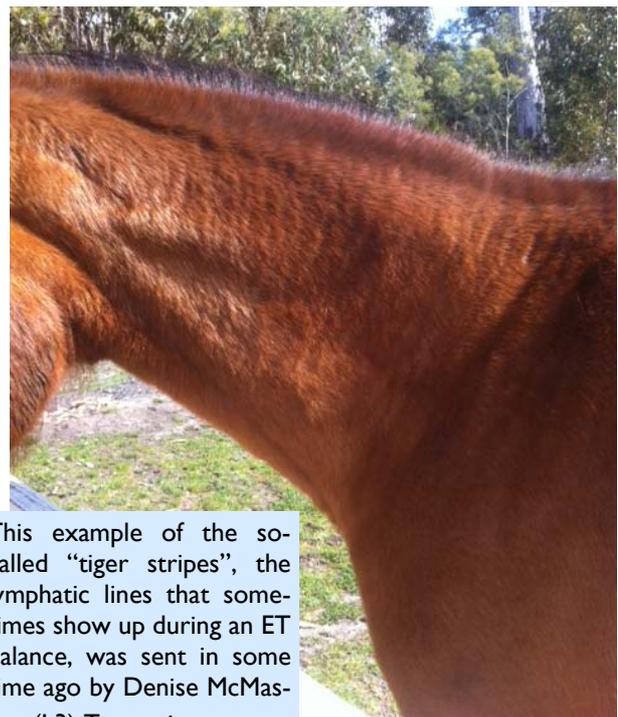
After completing a basic body balance, I stood back to observe Rory and plan my areas of concern. I had pretty much decided these should concentrate on back, sacrum and stifle when I suddenly noticed a strange pattern had formed on Rory’s sorer off-side. At first I thought it was a trick of the sunlight but looking more closely I could see a distinct line of raised hair from the hip down to the stifle and a second patch over the abdomen. He had a smaller pattern of raised hair restricted to the lower back/pelvic area on the opposite side. Needless to say the horse had massive reactions to all the hindquarter and back moves.

*Jill Rasmussen, ET Practitioner, North Canterbury, NZ.*

**I just KNOW there are LOTS of interesting stories out there among ET students and practitioners! Would love you to share your experiences just as these two have!**

**If you have further interesting responses to share for the next issue email your story and/or photo to me on [equinetouch@hotmail.net.au](mailto:equinetouch@hotmail.net.au)**

**Janis, Ed**



This example of the so-called “tiger stripes”, the lymphatic lines that sometimes show up during an ET balance, was sent in some time ago by Denise McMaster, (L3) Tasmania.

#### **SPOT QUIZ FROM PAGE 2—ANSWERS**

Both Photo 1 and Photo 2 depict moves in the Level 1 Area of Concern procedure “Foreleg”. Photo 1—Upper triceps & Photo 2 the series of moves across the knee. Photo 3 is the Area of Concern move, the Pectoral move. How did you go? Did you pick it?

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out about The  
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**websites**

Need more information?  
Check out the **websites**.

www.theequinetouch.com  
www.vhtworld.com  
www.thecaninetouch.com

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## **Courses and Events Calendar 2015**

### **Australia**

July 25	International Equine Touch Day Practice Day	Bannockburn, VIC (near Geelong)	Janis Hobbs 0409 403 144 equinetouch@hotmail.net.au
July 25	International Equine Touch Day Practice Day	Campania, TAS (near Hobart)	Denise McMaster 0409 863339 denisemcmaster@yahoo.com.au
September 4, 5, 6 September 5, 6, 7	ET Level 1 ET Level 2	Creswick, VIC	Janis Hobbs 0409 403 144 equinetouch@hotmail.net.au
September 18, 19, 20	ET Level 1	Exeter, TAS (near Launceston)	Janis Hobbs 0409 403 144 equinetouch@hotmail.net.au
September TBC	ET Level 2	TAS Seeking Expressions of Interest	Janis Hobbs 0409 403 144 equinetouch@hotmail.net.au
October 2, 3, 4	ET Level 1	Lower Chittering, (Perth area) WA	Janis Hobbs 0409 403 144 equinetouch@hotmail.net.au
October 18, 19, 20	ET Level 1	Horsham, VIC	Janis Hobbs 0409 403 144 equinetouch@hotmail.net.au
November 13, 14, 15, November 14, 15, 16	ET Level 1 ET Level 2	Tooradin, VIC	Janis Hobbs 0409 403 144 equinetouch@hotmail.net.au
TBA in response to enquiry any time through the year. <i>On-site camping available.</i>	ET Level 1 & Level 2	Charlton, VIC	Janis Hobbs 0409 403 144 equinetouch@hotmail.net.au

### **New Zealand**

July 25 Free ET for SB Rehabs	International Equine Touch Day Practice Day	Woodend, Christchurch, South Island	Janice Clyma 0274 347 090 janice.clyma@xtra.co.nz
Mid July	ET Level 2	Hamner Springs, South Island	Janice Clyma 0274 347 090 janice.clyma@xtra.co.nz
Late September	ET Level 1	Hamner Springs, South Island	Janice Clyma 0274 347 090 janice.clyma@xtra.co.nz

Keep a look out for  
the next issue  
**August, 2015**

